The Tydes

Volume 42, Issue 2 প্লের A.S. LIV August 2020



A quarterly newsletter serving the Barony of Lyondemere, Kingdom of Caid . (Lyondemere comprises the coastal Los Angeles area of California).

The Tydes

Volume 42, Issue 2 ∞ A.S. LV ◆ August 2020



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GUIDE TO SUBMISSIONS

Articles and Artwork (including photos) are due by the 25th of January, for the February publication. If you have difficulties with this deadline, please contact the Chronicler in advance, at chronicler@lyondemere.org

Publish Dates: *The Tydes* is ambitiously published on the 1st of the month for the current quarter (e.g., May 1 for Q1 of the new Society year).

Articles: Please submit either an email, text, or Word file for all articles and columns. Email is preferred, sent to chronicler@lyondemere.org **Artwork / Photos:** Original drawings or photos are always appreciated.

THE TYDES TEAM

Chronicler (Newsletter Editor): Lady Batu Sechen Tsagaajin **Proof-reading Staff:** Dame Eilidh Swann, Lady Avicia de Na Baiona, Lord Geiri Smiðsson

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Websites: The Lyondemere website can be found at http://www.lyondemere.org. Regional information can also be found through the Kingdom of Caid and Corporate information can be found at http://www.sca.org. **Addresses:** Submissions, questions, and subscription requests can be sent to: chronicler@lyondemere.org.

FROM THE BARONAGE



This year's Virtual Anniversary was a great success. Events such as the Arts & Sciences Competition, Scriptorum, Rapier combat (with bonus live camera view), and the epic Archery competition were all wonderful to watch. We would like to congratulate all the participants and competitors for their contribution to making the Anniversary a wonderful success.

While we are unable to gather in person, we are still finding ways to connect through online classes and virtual meeting spaces. The pandemic has brought us together in some really unprecedented ways, and we're even "going" to gatherings in far flung locations as a result. The SCA as a whole is a more closely knit community than ever. We look forward to a time soon when we will once again be able to safely gather and partake of the activities that we share in common bond.

We would like to express great gratitude to Baron Conchobhar mac Cionaoith Baroness Seraphina Arlotto, and the populace of Lyondemere for their trust as we take on the leadership roles of Baron and Baroness of Lyondemere.

Wishing you and yours health and joy until we can gather again (and wear a mask!).

In Service to the Dream,
Guillem & Arwen
Baron and Baroness of
Lyondemere

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COUNCIL MINUTES



June 1, 2020

Attendees: Mercy, Geiri, Sechen, Conchobhar, Avicia, Caellach, Sadhbh, Eilidh, Anabel, Linda, Fedelm, Eowyn, Arwen, Guillem, Emma, Miguel, Tetchubah, Etiennette, Pierre

Start time: 7:05 pm

Opening Comments:

Baron & Baroness/ Conchobhar & Seraphina – We're going to be the first barony to do a virtual investiture. We'll get to that later, though, when Sechen updates us.

Reeve & Reevess/ Guillem & Arwen -- We were hoping to do the step-up in person, but I think it's going to help keep our momentum going. We have faith in our members and staff that everything is going to go well.

Seneschal / **Mercy** – Going to keep this short; there's not a lot to discuss.

Officer Reports

Arts and Sciences / Finella – Finella is stepping down; we need a replacement. Avicia has the report, which will be held til the Anniversary discussion.

Chatelaine / **Geiri** – Since I have taken over, there have been two new recruits, besides the German re-enactment group. We did a Newcomers Meeting with Brigit and Mercy hosting. There were two people did not return for the second session, because I forgot I sent them a direct e-mail and they're not part of the FB group. Wants to do one Newcomer's Class per month; will keep a spread-sheet of newbies, just in case they're not on FB.

Children / Arwen – Need a replacement. No report.

Chronicler / Sechen – Tydes went out May 1-ish. July 25 is the next due date for articles

Constable / Geiri – Have a thing. Owner knows it. Can't go visit.

Exchequer / Tetchubah – Issued all the refunds for West Coast Culinary; \$12000 in account, \$3000 of which is saved for WCCS for next year. Sechen and I have a Zoom meeting Wednesday to go over stuff. Need to get her an Intent to Serve.

Herald / Caellach – I have had one name submission since last meeting that has been approved by the Kingdom. Heavy Fighter who we know as Paul will, hopefully, be Lord Lupus (check with Caellach)

Lists / Sechen - NO LISTS

Marshal (Armored Combat)/ Fearghus – No report.

Marshal (Rapier Combat)/ Sadhbh – No practices. Social distancing doesn't count, even if you have a sword.

Marshal (Archery) / **Emma** – Some ranges are open, but the big range for our practice doesn't allow groups, so no practices right now.

Sexton / Conchobhar – This weekend, I will be getting the tire replaced on the trailer and ordering a fender to replace the one that was ripped off. I cleared out some stuff from the storage unit, but not enough. We'll go through it all and after I get a list of things we do not want to keep, the Financial Committee and I will get together to discuss what we can do for an auction. Possibly at Anniversary.

Social Media / Deputy: Fedelm (w/Mercy) – We got stuff for the online thing, so I'll start sharing that on social media. Coordinate with Eilidh on social media posts. Society will not allow all business to be done via Facebook because some people cannot, legally, have a Facebook account.

Webwright / **Eilidh**/**Sadhbh** – Kingdom had a series of requirements for what they wanted to see on baronial and group websites. We're still in discussion about whether we should transfer to lyondemere-sca.org; the problem is e-mail forwarding, which has not yet been resolved. Two days ago, was given the login if we want to move to the Kingdom server; but without the resolution of the e-mail forwarding, we're not going to move yet.

Guild Reports

Bardic -

Brewing Guild / – Geoffery hosted a live video on brewing.

Lyondemere Cooking Guild / Eva -

Scribal / Aliskye, Deputy Emma – Weekly scriptorum on Tuesdays, via Zoom.

Old Business/Upcoming Events

- **WCCS** Cancelled the event; everyone refunded. Currently scheduled for April 21-22, 2021, same location. Everything is moving forward with planning for it. Trying to find more people to help.
- Lyondemere Anniversary 2020 Virtual Investiture & Anniversary will take place June 20th during and following Kingdom Court. Grace and Sadhdh are working together to do virtual rapier stuff; Emma is working on some ideas for virtual archery; there will be a virtual feast (which Avenel was very excited about); a virtual People's Choice A&S competition, with a possible A&S Champion; and a Virtual Revel. Gyldenholt is working with us, as volunteers, to assist where possible. We need a main Zoom room to direct people to, which I've asked Arwen to host. Sort of like the Baronial Pavillion. Other Zoom links can be assigned, as needed, for the different events, and the links published via a spreadsheet version of the schedule. Geiri and I would like to have a planning meeting tomorrow (Tuesday, June 2) at 7pm to work solely on coordinating the volunteers and work out details.

New Business

• None at this time.

Next Meeting

Next Baronial Council:

July 29, 2020 **End: 7:56pm**

The Field of Cloth of Gold

Contributed by THL Johnnae llyn Lewis, CE

As the current world struggles with quarantines and lock downs due to the raging Coronavirus pandemic and with our Society events cancelled or postponed indefinitely across the entire Known World, one could write or reflect about past times of mortality, plagues, sicknesses, illnesses and the literature of remedies and cures, deaths and burials, or one could look back instead to the year 1520 when something quite extraordinary happened. In a year when the Pennsic War and all its assorted activities will not happen, it's rather interesting to reflect upon the past of five hundred years ago to see what a meeting between kings entailed in the early sixteenth century.

In a field between the English held town of Guînes and the French territory of Ardres in France, King Henry VIII of England and King Francis I of France met in person in 1520 at the occasion which has come to be called the Field of Cloth of Gold or the Field of the Cloth of Gold. Why was it titled as such? The traditional view is that it was named 'Cloth of Gold' because of the rich fabrics and accoutrements, but historian Joycelyne Russell notes the field or valley where the encounters took place had been called the golden vale, val de oro, val dore' or vallis aurea previous to the 1520 meeting. The event was the result of elaborate staging and diplomacy and was two years in the planning. Each country established its own magnificent camps. Between these two camps in the middle of the valley, the two sides came together for the official pageants, festivities, and activities like the jousting. The Field of Cloth of Gold was months in the actual construction and making. Just like our modern Pennsic Wars, thousands of people traveled great distances to attend. It all lasted roughly two weeks or in this case officially from June 7th until June 24th, 1520.

In reading through the actual accounts, one finds many instances of common activities to both our Pennsic and other Wars and the 1520 Field of Cloth of Gold. Here are some passages of these various activities:

Tents, Pavilions, and Constructions

"FRAUNCES the Frenche kyng was with all his nobles of the realme of Fraunce, come to the toune of Arde, whiche was prepared for his commynge, many tentes, hales and pavilions, were set and pight in the felde." [Hall]

"Throughout the building, at a distance of two feet below the windows, is a handsome gilt cornice whereon to hang the tapestries, which are all most magnificent." [CSP]

"I have seen a temporary house built by him, said to have cost 100,000 francs, the handsomest ever beheld; never did I see so beautiful or so costly a palace. The [French] King's tent is a stupendous sight." [CSP]

"On either side there are stages on which the ladies and ever} body will be placed to see the entertainments, which will commence on Monday the llth instant, and will last some eight or ten days. The jousters on both sides, some 220 men-at-arms in all, are in excellent condition." [CSP]

Delays

It is said that this palace will be completed on Thursday, or thereabouts...[CSP] "where are also a great number of other tents, the English also having pitched their tents outside Guisnes, but ours [the French] are the handsomer. Altogether they will amount to some 2,000; and they are still in the act of putting them up." [CSP]

Fanciest of dress

While we may not have the recipes or even the exact menus, we do have financial accounts. Professor Glenn Richardson author of a 2013 account notes, "The English contingent consumed over 29,000 items of fish, including a Dolphin, 98,000 eggs, 6,475 birds and over 1 million planks of wood were used to heat the ovens that prepared the food." [SMP]

Exchange of Gifts

"The kynge of England gave to the Frenche kynge a colloure of Jewels of precyouse stoones ... The Frenche kynge gave to the Kynge of Englande a Bracelet of precyouse stones, riche Jewels and fayre..." [Hall]

Other Activities

"During this triumph so much people of Picardie and West Flaunders drew to Guysnes to se the kyng of England and his honor, to whom vitailes of the court were in plentie, the conduicte of the gate ranne wyne alwayes, there wer vacaboundes, plowmen, laborers and of the bragery wagoners and beggers that for drunkennes lay in routes and heapes, so great resort thether came, that both knightes and ladies that were come to se the noblenes, were fayne to lye in hay and strawe, and helde theim therof hyghly pleased." [Hall]

Weatherwise

- ⋄ "Today, the 13th, it blows a terrible gale, and as the Kings were unable to joust, they went to the lists to see some Bretons and Englishmen wrestle." [CSP]
- ♦ "Today, although the wind was high, and the weather bad.." [CSP]
- ♦ "Towards evening it commenced raining, and all went to disarm..."[CSP]
- ⋄ "The French King's tent was pitched outside the walls of Ardres, near his dwelling house. The tent and pavilions remained up four days only, on account of the wind and rain, so that it became necessary to strike them, to the very great regret of the most Christian King and of all the French

- nobility,-as they were the pride of France; who thus counterbalanced the English pride generated by the house above described." [CSP]
- ♦ "Monday the xviii. daye of June, there blewe such stormes of wind and wether that marvaill was to hear, for whiche hideous tempest som said it was a very pronosticacion of trouble and hatred to come betwene princes." [Hall]

As can be seen from these passages, the Field of Cloth of Gold was perhaps the fanciest and largest of the international summit meetings or royal expos of its time or any time with pomp and pageantry to spare. While it was most flamboyant, there was a concerted attempt to preserve equality between the sides. Neither was supposed to "overshine" the other.

How did it differ from our modern event? Did it include shopping? Probably not as we know it today; much of the procuring went on for months before hand and massive quantities of materials and victuals were brought to the site. Pennsic by contrast includes families with children; children are not mentioned in the accounts of 1520. And sanitation wise, the accounts don't talk about the latrines or chamber pots, which would have stood instead of the more familiar modern porta-potties. In the end, who can read these accounts and not smile knowingly when they encounter the passages about delays or the weather. Professor Glenn Richardson reckons it all cost in the neighborhood of fifteen million pounds in today's money

What did it all mean? In terms of peace and diplomacy, the good feelings didn't last. Henry soon sided with King Charles of Spain against France. Professor Glenn Richardson has written, "The making of the Field of the Cloth of Gold represented the largest example of Anglo-French cooperation enterprise until the building of the Concorde in the 1960's and the then the Channel Tunnel." Perhaps Charles Whibley best summed it up as: "But the culmination of glory and splendour was the Field of the Cloth of Gold, whereon Henry and Francis took the sound advice of Comines, whose maxim it was that princes should not meet, except to share their pleasures." Not a bad maxim for our current Society wars either.

2020 and the Anniversary

In 2020 in honor of the five hundredth anniversary, England's Hampton Court Palace was to be the site of many activities designed to celebrate the original festivities of June 1520. Advance press accounts promised a rousing display of nine days devoted to jousting on horseback, foot combat, and wrestling alongside displays of Tudor sports and entertainments. An exhibition was to feature artworks, objects, and documents from the period, plus a pavilion based upon the original designs was to be constructed on site. Then, of course, in March 2020, everything came to a dead halt, due to the pandemic. As of this writing, a virtual summit of scholarly lectures went on in May. Those are saved for watching on YouTube. It is being reported Hampton Court Palace still intended to hold at least some of the planned activities if and when circumstances allowed, but only time will tell what can be managed.

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[The original volume is Edward Hall. *The union of the noble and illustre famelies of Lancastre and York*. London: 1542. The 1548 edition is now available on *EEBO*. https://quod.lib.umich.edu/e/eebo/A02595.0001.001?view=toc]

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- "The Tudors Incredible 'Portable Palaces'." *Arts and Humanities Research Council*, AHRC, ahrc.ukri.org/research/readwatchlisten/features/the-tudors-incredible-portable-palaces/.
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Hampton Court Palace features this marvelous zoomable interactive image of the English encampment.

Image: The Field of the Cloth of Gold c. 1545. © Royal Collection Trust / Her Majesty Queen Eliza-

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beth II 2019. https://www.hrp.org.uk/hampton-court-palace/field-of-cloth-of-gold-2020/#gs.7990h7 or see https://artsandculture.google.com/asset/field-of-the-cloth-of-gold-british/bAFv_RSYuCwJlg or see https://www.rct.uk/collection/405794/the-field-of-the-cloth-of-gold

A number of other images depicting the events and encampments can be found online. These include:

Friedrich Bouterwek's nineteenth century copy of the Hans Holbein the Elder's "Meeting at the Field of the Cloth of Gold, 7th June 1520." https://commons.wikimedia.org/wiki/
File:Friedrich Bouterwek - Meeting at the Field of the Cloth of Gold, 7th June 1520.JPG

Another engraved by James Basire in 1774 from an oil painting in the collection of HRM George III of England. "Field of the cloth of gold»." Fragment of engraving. http://commons.wikimedia.org/wiki/File:Field_of_the_cloth_of_gold.jpg

"Tent design for the Field of Cloth of Gold" from the Cotton Manuscript. Augustus III. 18. British Library. Zoomable image. http://www.bl.uk/onlinegallery/onlineex/henryviii/militmap/tentdes/index.html

The British Library contains a notable collection of Renaissance Festival Books. French festival books featuring accounts of the Field of Cloth of Gold include:

La description et ordre du camp [et] festiem[en]t [et] ioustes des trescrestiens et tres puissa[n]s roys de France [et] Dangleterre ([Paris], [1520]) http://special-1.bl.uk/treasures/festivalbooks/BookDetails.aspx?strFest=0006

Lordonnance et ordre du tournoy, ioustes, [et] combat, a pied, [et] a cheual. ([Paris], 1520) can be found at: http://special-1.bl.uk/treasures/festivalbooks/BookDetails.aspx?strFest=0007

Contributed by THL Johnnae llyn Lewis, CE

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Bishop Braulio de Zaragoza & Isidoro de Sevilla, second half of the 10th Century.

Isidori libri originum, Scene 11; Meister des Codex, 167.

Wiki Commons

Theory of Humors: Eating for Health in the Middle Ages By Lady Batu Sechen Tsagaajin

Discussed in a previous article, the Theory of Humors was the predominate medical theory of the Middle Ages. The concept was codified and written down by Hippocrates and based primarily in the work of Galen. To briefly recap, there are four humors, or fluids, in the blood: Blood, Choler (Yellow Bile), Phlegm, and Black Bile. To be considered healthy, a person needed to have these four humors in balance. According to Lyon (2015), the ideal balance was "one quarter as much phlegm as blood, one sixteenth as much choler as blood, and one sixty-fourth as much melancholy as blood" (para. 2). The problem, however, was that these fluids were affected by what people ate and drank, which would cause one humor to predominate, also viewed as a *temperament (Lyon, 2015)*.

Moving forward in this discussion of food and how it relates to the humors, each humor has specific characteristics. **Blood** is hot and moist; **Yellow Bile** is hot and dry; **Phlegm** is cold and moist; and **Black Bile** is cold and dry (Lee, n.d.). Lyon (2015), Lee (n.d.), and even the National Library of Medicine (2013) discussed the relationship of the humors to the personalities of people. Lee (n.d.) directly states that no one in the Ancient Time or Middle Ages were actively seeking to perfectly balance their humors; rather, they believed they were drawn to certain types of foods based on the dominate humor within them (or, their personalities). Sanguine people were drawn to meats with rich sauces and wines—hot and moist; Choleric persons preferred grilled meats, spices, and hot, dry things; Phlegmatic people preferred soups and raw vegetables, and Melancholic persons preferred root vegetables and things from the ground (Lee, n.d.).

The belief was when the humors became too unbalanced, the person would suffer from illness and madness (Lee, n.d.). We, today, are very aware of the use of leeches for bloodletting practices as a way to balance the humors; however, they would also use diet to control and heal the patients.

The temperaments were not limited to just humans. The qualities noted above (hot/dry/moist/cold) also applied to food. Sugar, for example, warms and moistens the fluids in the blood (Lyon, 2015), as does beef (Hansen, Cox, & Witt, 2012). When we get sick and have a productive cough, we're often told to avoid dairy products because that will increase the production of *phlegm*. This, perhaps, stems out of treatments for phlegmatic temperaments which involved reducing cold and wet foods; instead, a person should be given choleric foods, such as warming spices and (dry) lentils (Osborn, 2018).

During the Ancient and Medieval times, physicians used food to help heal people from their illnesses. Based on the theory of the humors, when a humor became excessive within the body, it

would cause various illnesses and require a "rebalancing." If there was too much choler (yellow bile), the person may appear jaundice and, perhaps, be prescribed a diet of raw foods, dairy, and cold drinks, otherwise known as *phlegmatic foods* (Lyon, 2015; Osborn, 2018). Humorism was the foundation of modern medical science. It was not "definitively demolished" until 1858 (Webster's Dictionary, 2009), however, and it is still, somewhat, in use today in psychology (e.g., Keirsey Temperament Sorter). If you'd like a rousing discussion on humorism in psychology, find me at the next (virtual or live) event! I will talk your ear off like the Sanguine I am. Allegedly.

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Osborn, D. (2018). "Diet: Food & Drink" from Greek Medicine. http://www.greekmedicine.net/hygiene/Diet Food and Drink.html

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AWARDS!!

Our good people of Lyondemere have won awards! Here is the list of the awards and the award recipients & champions from Lyondemere Virtual Anniversary June 20, 2020!

Mistress Aliskye Rosel—Pillars of Poseidon

Joaquin of Lyondemere—Seahorse of Lyondemere (Premier Member)

Miranda, Celeste, & Isabelle of Lyondemere—Seahorse of Lyondemere

Lady Seraphina Arlotto—Court Baroness

Lady Dÿrfinna Valsdóttir—People's Choice & Baronial Arts & Science Champion

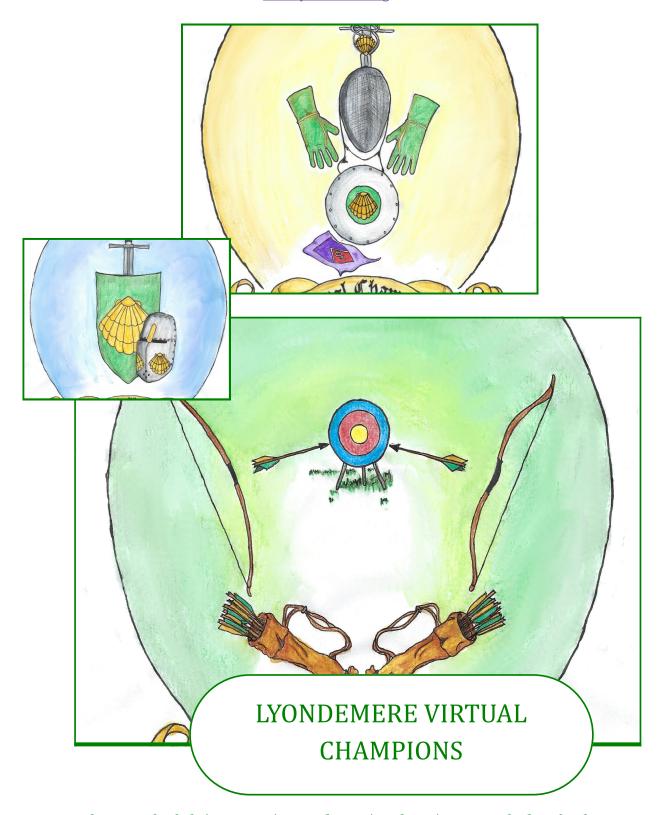
Lord Silenus of Mycenae-Lyon Bard

At Kingdom Court on July 25, 2020, the following Lyondemarines received awards:

Mistress Finella Harper-Legion of Courtesy

Mistress Aliskye Rosel—Royal Recognition of Excellence

Lady Batu Sechen Tsagaajin—Baroness' Favor (Dun Or)



The artwork of Christen Morris graced our Virtual Anniversary as badges for the Victors!

For Archery: Lady Mychell Makintournoer

For Rapier: Master Avenel Kellough

Sadly, we did not have any champions come out for Virtual Armored. All fought bravely and kept the virtual boarders of Lyondemere safe from invasion!



COVID-19

By proclamation of His Majesty Alexander and Her Majesty Tahira, all in-person gatherings of 6 or more people have been cancelled until further notice. This is an on-going situation, passed down from the Governor of California. Currently, Kingdom Business is being conducted via Zoom once per month. The last Kingdom Court was on July 25; the next Kingdom Court will be in August and will be announced on the Kingdom's website and calendar, as well as in the Kingdom Facebook group.

Virtual classes are available, including a weekly Scriptorum hosted by Mistress Alliskye. Please contact her if you're interested in attending. Now is also an excellent time to research for upcoming Arts & Science virtual competitions, as well as write up that article you've been meaning to submit. The Tydes, Crown Prints, or even Caid Chronicles could use your submissions!

VOLUNTEERS NEEDED

OR HOW YOU CAN GET INVOLVED IN LYONDEMERE

Looking for a way to become more involved within Lyondemere? We have several volunteer positions that need to be filled! Here's a list of the offices and what they do:

Arts & Sciences Minister: This position focuses on advancing work in the field of Arts & Sciences (A&S); being a resource person for your group; facilitating the research, creative artistic and scientific work, and teaching that happens; and recording (through your reports) what happens in A&S in your area. You don't have to be an expert in everything A&S to do the job. You just need to know how to track down resources and share information. The handbook for A&S Ministers may be found here.

Chatelaine & Keys: The Office of the Chatelaine exists in order to inform the public about the SCA, to invite interested or curious individuals to participate and join, and to provide instruction and workshops for new members so that they will become fully participating members. The handbook for Chatelaines <u>may be found here</u>

Chronicler: The Office of the Chronicler is responsible for maintaining a territorial newsletter much like the one you are reading here! The handbook for the Chroniclers <u>may</u> be found here.

Constable: The Office of the Constable is responsible for the following: Keeping the peace at Kingdom-sanctioned events, making and enforcing such regulations concerning events as appropriate to insure safety and orderly participation therein (not including SCA combat), and operation the lost & found. The handbook for Constables <u>may be found here</u>.

Lysts: The Lysts Officer is in charge of pairing fighters for tournaments, and recording the results. The handbook for Lysts is coming soon. For information about this office, <u>visit the Marshalate site</u>.

Youth Activities: The Office of the Youth Ministries is to encourage and promote the education of children ages 5-17 in the ways of the SCA and the Middle Ages by providing or overseeing the provision of appropriate classes and activities at all Kingdom-level events, and to aid and assist all of Gleann Abhann's Local Ministers of Children by providing counsel and training if needed. The handbook for the Minister of Children <u>may be found here</u>.

EMAIL LISTS & GROUPS

Baronial List

https://scalyondemere.groups.io/g/main/topics

Archerv

https://www.facebook.com/ groups/983706488315263/

Brewers

https://www.facebook.com/ groups/389455797787896/

Caid Clothiers

https://www.facebook.com/groups/ CaidClothiers/

Cooking Guild

https://www.facebook.com/ groups/355580354645898/

Fighters, mostly rapier

https://www.facebook.com/ groups/819820254813544/

Caid Art and Sciences

https://www.facebook.com/ groups/521417457879219/

> **Lingo Alert!** The title of LyonB ard is the Baronial Bardic champion. The Lvon Bard is responsible for spreading the wonderousness of Lyondemere to all of Caid! Currently, it is Lord Silenus of Mycenae.







www.facebook.com/groups/Lyondemere/

Contact List

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